

Session 2: Testing Requirements and
Performance Characteristics of Common
Barrier Systems

FAST Act Guardrail Training
Highway Barrier Installer, Inspector and
Maintenance Training

**Session 2:
Testing Requirements and
Performance Characteristics
of Common Barrier Systems**

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Session 2 Learning Outcomes

At the end of this session, you will be able to:


- Understand how barriers are tested for crashworthiness
- Identify common barrier systems
- Explain how these barrier systems function
- Define the key components of a transition design

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Crash Testing Guidelines

- In 1993, crash testing and evaluation criteria were published as NCHRP Report 350
- In 2009, the Manual for Assessing Safety Hardware (MASH) was published by AASHTO. It was used by FHWA as the testing standard for all new products
- In 2016, an update to MASH was adopted and a timetable for implementation of new installations complying with this edition was signed between FHWA and AASHTO

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MDT MASH Implementation



Montana Department of Transportation
PO Box 201001
Helena, MT 59620-1001

Included terminals by 12/31/17

Memorandum

To: e-distribution
see below


From: Lesly Tribelhorn, P.E., Highways Engineer

Date: February 8, 2018

Subject: MASH Guardrail Implementation Guidance

General
This memo is intended to provide guidance in support of MDT policy 5.03.002 (Roadside Safety Hardware Upgrades Policy), as approved and revised to the date of this distribution. Specifically, this guidance is applicable to section 2.3 of the policy procedures memo, as it pertains to new w-beam guardrail permanently installed on all Federal Aid projects let after Dec. 31, 2017.

Included Items
MDT will specify the Midwest Guardrail System (MGS) w-beam barrier with 8-inch block-outs for all new, permanent w-beam installations on projects let after the 2017 calendar year. In most instances, this system is materially the same as the w-beam system currently used in the state. However, the MGS is mounted at a height of 31 inches to the top of the rail, and the posts are positioned such that the guardrail splices are located midspan of post connections. The following is a list and brief description of the items MDT utilizes for MASH w-beam guardrail.

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MASH Test Conditions

Selection of a performance level is based on speed and traffic mix.

- **TL-1, TL-2, and TL-3:** crash tests with small car and pickup truck with a 25° impact angle at 31, 44, and 62 mph, respectively.



2,420 lbs.
1100C



5,000 lbs.
2270P

NCHRP 350 comparison with MASH Crew Cab Truck



MASH Test Conditions (cont'd)

- **TL- 4:** TL-3 + 15° impact angle, 56 mph Single-Unit Truck
- **TL- 5:** TL-3 + 15° impact angle, 50 mph Tractor-Van Trailer
- **TL- 6:** TL-3 + 15° impact angle, 50 mph Tractor-Tank Trailer



22,000 lbs.



80,000 lbs.



80,000 lbs.

Standard Barrier Systems

- Rigid Systems
- Semi-Rigid Systems
- Flexible Systems
- Median Barrier Systems

Barrier Systems: Rigid Barriers

Rigid Barrier Systems have little (between 0 to 1 ft.) deflection under the TL-3 pickup impact. They are generally anchored by some acceptable means.

Examples include:

- New Jersey Safety Shape Concrete Barrier
- F-shape Concrete Barrier
- Single or Slope Concrete Barrier
- Vertical Wall

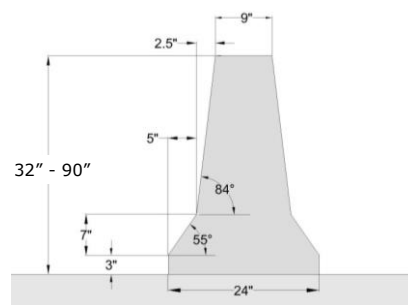


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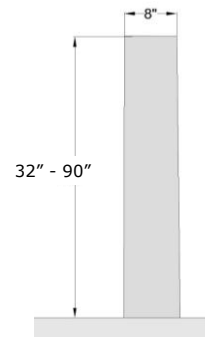


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Rigid Barrier



F-Shape



Vertical Wall



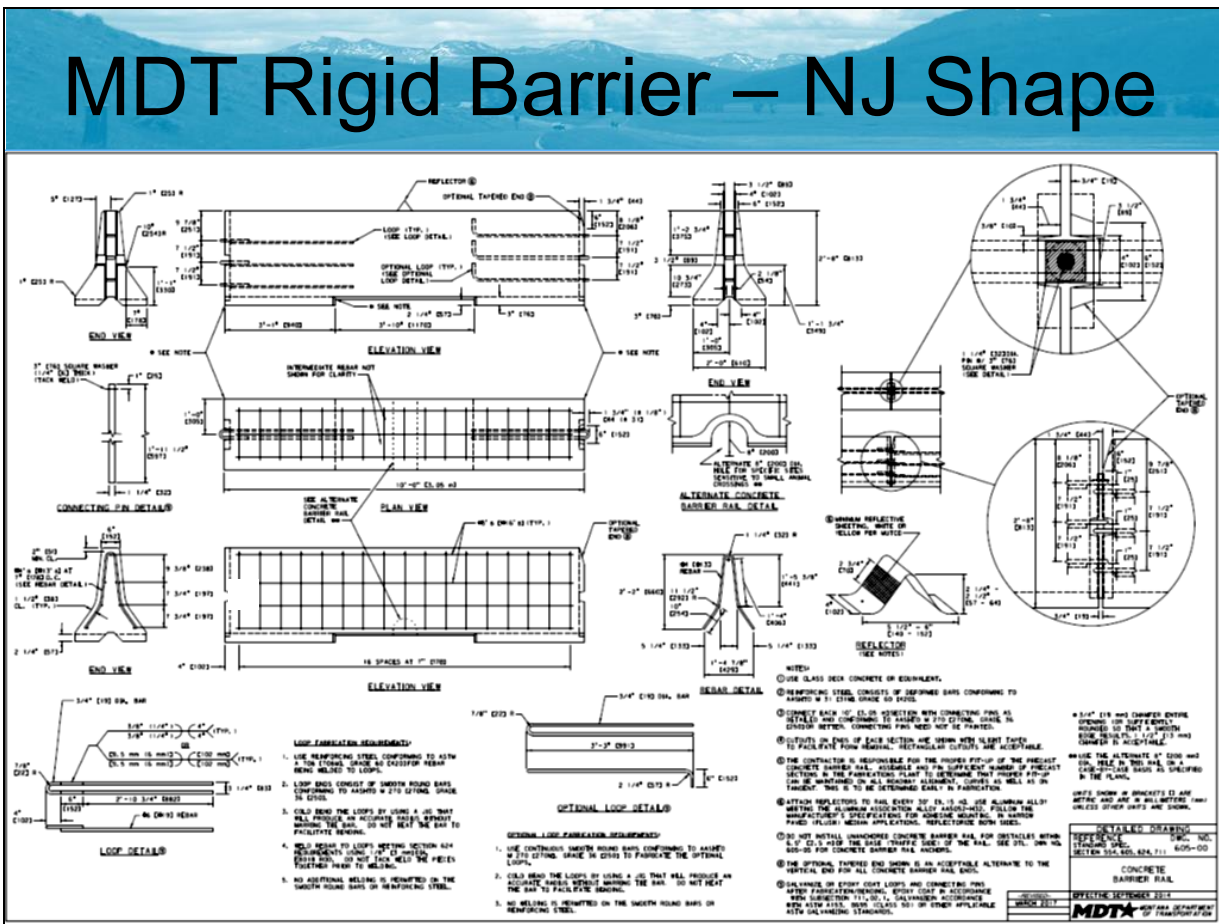
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MASH Testing of 32" New Jersey Shaped Concrete Barrier

Video Clip



MDT Rigid Barrier – NJ Shape

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Barrier Systems: Semi-Rigid

Semi-Rigid Barrier Systems have deflections of a few feet (between 2 to 5 ft.) under the TL-3 pickup impact.

Typically consist of beam and post elements.



Barrier Systems: Semi-Rigid


- W-Beam Steel Guardrail – “Old”, 350 Guardrail
 - 12” wide W-beam rail section (12-gauge thickness).
 - Posts are spaced at 6’-3” centers, and the nominal rail height is 27” – 29”
 - Rail splice at the post.
 - Two post options:
 - Steel posts, W6 x 8.5/9.0 x 6’-0” long.
 - Wood posts, 6” x 8” x 6’-0” long.
 - Blocks: 6” x 8” wood or plastic.



SPWB with Steel Post & Steel Block-Out 27 5/8” Height



SPWB with Wood Post & Wood Block-Out
27 5/8" Height



Video Clip

Failed Test!!!

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SPWB with Steel Post & Wood Block-Out
27 5/8" Height



Video Clip

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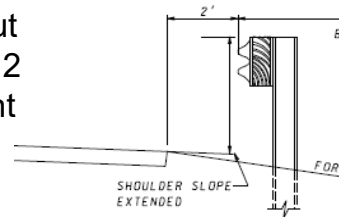
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Steel Guardrail - Height Measurement ONLY "Old", 350 Guardrail

For slopes 10:1 or flatter, the height is measured from the ground directly beneath the rail

For slopes steeper than 10:1 but no steeper than 6:1, and within 2 feet of the breakpoint, the height is measured from the shoulder slope extended as shown



PLACEMENT ON SLOPE

Barrier Systems: Semi-Rigid

- Midwest Guardrail System (MGS)
 - 31" Height – Tolerance 1"
 - Rail Splice mid-span.
 - Post spacing 6'-3"
 - Two post options:
 - Steel posts, W6 x 8.5/9.0 x 6'
 - Wood posts, 6" x 8" x 6'
 - Block: 8" (or 12") wood or composite

Midwest Guardrail System (MGS)

31"

8" or 12"

6'-3"

Rail Splice Mid-Span

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MGS MASH Test 3-11

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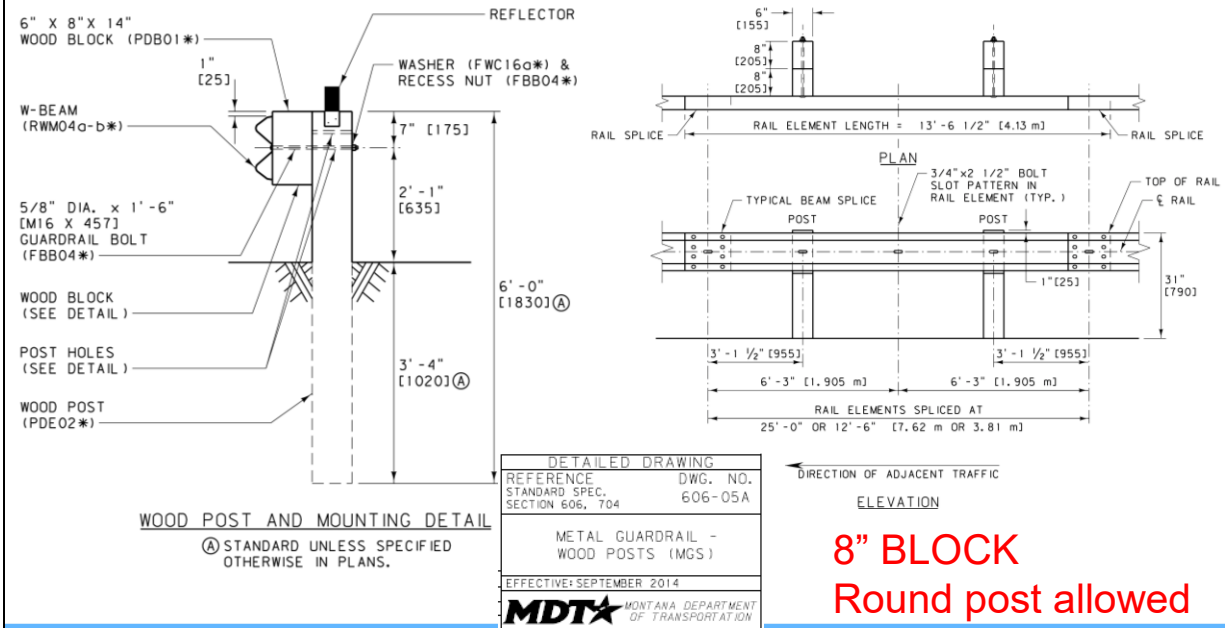
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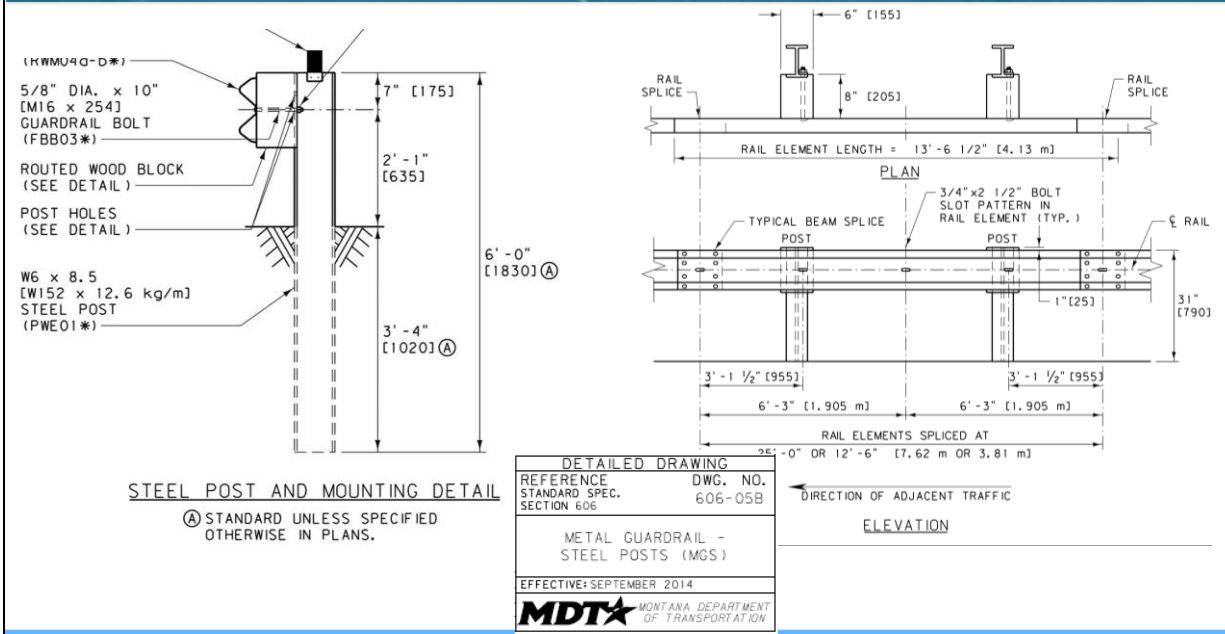
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MDT MGS Detail – Wood Post



MDT MGS Detail – Steel Post



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Box Beam Barrier

Roadside

Median

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Box Beam Barrier MASH Test 3-31



Video Clip



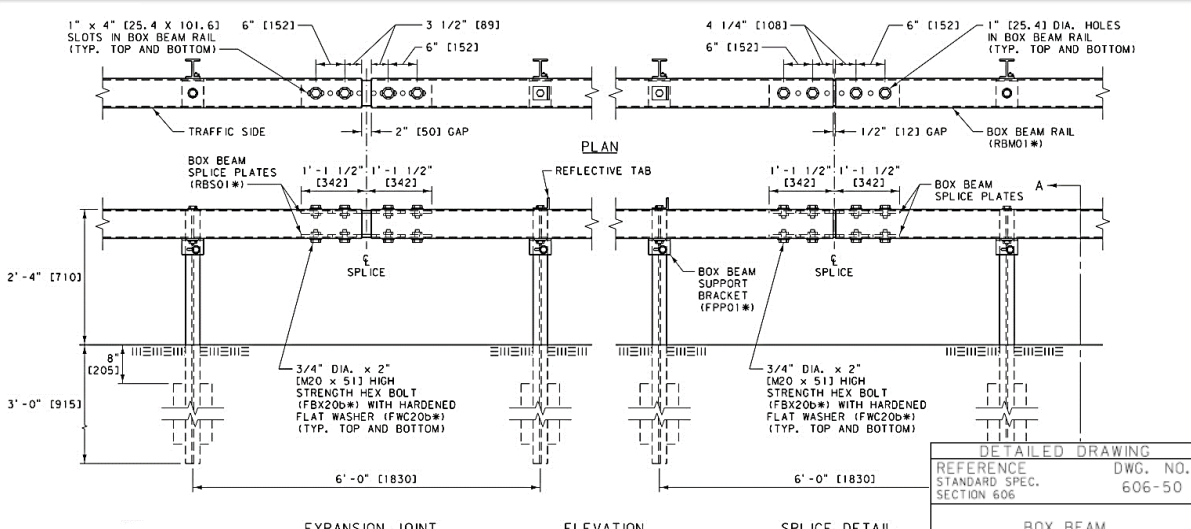


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MDT Box Beam Detail




DETAILED DRAWING

REFERENCE STANDARD SPEC. SECTION 606	DWG. NO. 606-50
BOX BEAM GUARDRAIL	
EFFECTIVE: SEPTEMBER 2014	
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Barrier Systems: Flexible Barriers

Flexible Barrier Systems typically have relatively large deflections

Examples of Flexible Barriers include:

- Weak post W-beam **Not presented**
- Low tension cable
- High tension cable



Barrier Systems: Flexible Barriers

➤ Low Tensioned Cable Barrier

3/4" [19.1] DIA. CABLES (RCM01*)

2' - 9" [840]

30" Ht.

2" [50] NOMINAL

2' - 4" [710]

SOIL PLATE (PLS01*)

CABLE GUARDRAIL POST (PSE01*)

16' - 0" [4880] TYP. ON TANGENT

ELEVATION

PAY LIMIT FOR EACH RUN OF CABLE GUARDRAIL (FROM POST P3 TO POST P4) (NOT TO EXCEED 2000' [610 m])

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DETAILED DRAWING	
REFERENCE STANDARD SPEC. SECTION 606	DWG. NO. 606-40
LOW-TENSION CABLE GUARDRAIL	
EFFECTIVE: SEPTEMBER 2014	
MDTA MONTANA DEPARTMENT OF TRANSPORTATION	

POST SPACING SEE NOTE ② BELOW

PLAN

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Barrier Systems: Flexible Barriers

- High Tensioned Cable Barrier
 - Five different proprietary designs available
 - Each requires a unique proprietary terminal
 - Somewhat reduced deflections
 - Generally easier maintenance
 - Can retain effectiveness after most impacts



High-Tension Cable Systems

- Brifen
- ★ • Safence
- ★ • CASS (Trinity Steel)
- Nucor
- ★ • Gibraltar

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Four Cable System





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


Post Foundation and Typical Terminal





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HTC On 4:1 Slope



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Maximum Offset 4'

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Barriers in the Median

- Used to separate opposing traffic on a divided highway or to separate through traffic from local traffic.
- Many barriers approved for roadside applications can be modified for use in the median.
- Width of the median is an important consideration.
- Also must consider the dynamic deflection of the barrier to avoid intrusion into opposing traffic.
- There are terminals designed specifically to shield the ends of median barriers.



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MASH 27" W-Beam Median Barrier Test



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Failed Test!!!

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MASH MGS Median Barrier Test



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Flexible Median Barriers

Advantage of high tension cable is it may remain effective after impact.




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Flexible Median Barriers



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Work Zone Barriers

Types of work zone barriers include:

- Concrete safety shape barrier
- Portable steel barriers
- Plastic, water-filled barriers

Dynamic deflection of the barrier is an important consideration in choosing a work zone barrier.



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Work Zone Barrier Performance



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Pinned Jersey Shape TL-3



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Work Zone Barriers

Concrete Safety Shape Barrier



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Transition Sections

- When a softer (more flexible) barrier precedes a stiffer barrier, a gradual stiffening must occur between the two systems.
- An effective transitions must provide the following:
 - Adequate connection (TENSION continuity)
 - Adequate length to gradually increase stiffness.



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Inadequate Transition



Video Clip

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Transition Sections

Successfully crash-tested transitions include the following essential elements (in addition to a structural connection):

- Additional and/or Larger Posts
- Nested rail (w-beam or Thrie-beam)
- Curbs (only as crash-tested transition unit), Rub Rails, and/or Flared Parapet Wall to Prevent Snagging

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MDT Transition – MGS

37'-6" [11.43 m] BRIDGE APPROACH SECTION PAY LIMITS

STANDARD MGS PAY LIMITS

PLAN

31 1/4" [794] 2 SPACES @ 37 1/2" [953] 7.5" [190.5] 4 SPACES @ 18 3/4" [476] 7.5" [190.5] 4 SPACES @ 37 1/2" [953] 150" [3810] STANDARD MGS POST SPACING @ 75" [1905]

CURB (WHEN SPECIFIED)

P1 P2 P3 P4 P5 P6 P7 P8 P9 P10 P11 P12

ELEVATION

7/8" (M253D), HIGH STRENGTH BOLT (F8X22D) W/ 1 PLATE WASHER AND 1 HEAVY HEX NUT (FNX22D) 15 PLACES (D)

CURB (WHEN SPECIFIED)

A B C D

12'-6" (3810) THRIE-BEAM SECTION (RTM02@D) 8-SPACE 2 NESTED RAILS (D)



6'-3" (1905) THRIE-BEAM SECTION (RTM01@D) 4-SPACE

6'-3" (1905) W-BEAM TO THRIE-BEAM TRANSITION SECTION (RWT02@D)

12'-6" (3810) W-BEAM MGS SECTION (RWM04@D) 2 NESTED RAILS (D)

STANDARD MGS (D)

DETAILED DRAWING	
REFERENCE STANDARD SPEC. SECTION 606	DWG. NO. 606-23A
MGS THRIE-BEAM BRIDGE APPROACH SECTION - WOOD POSTS	
EFFECTIVE: JANUARY, 2018	
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MGS Transition



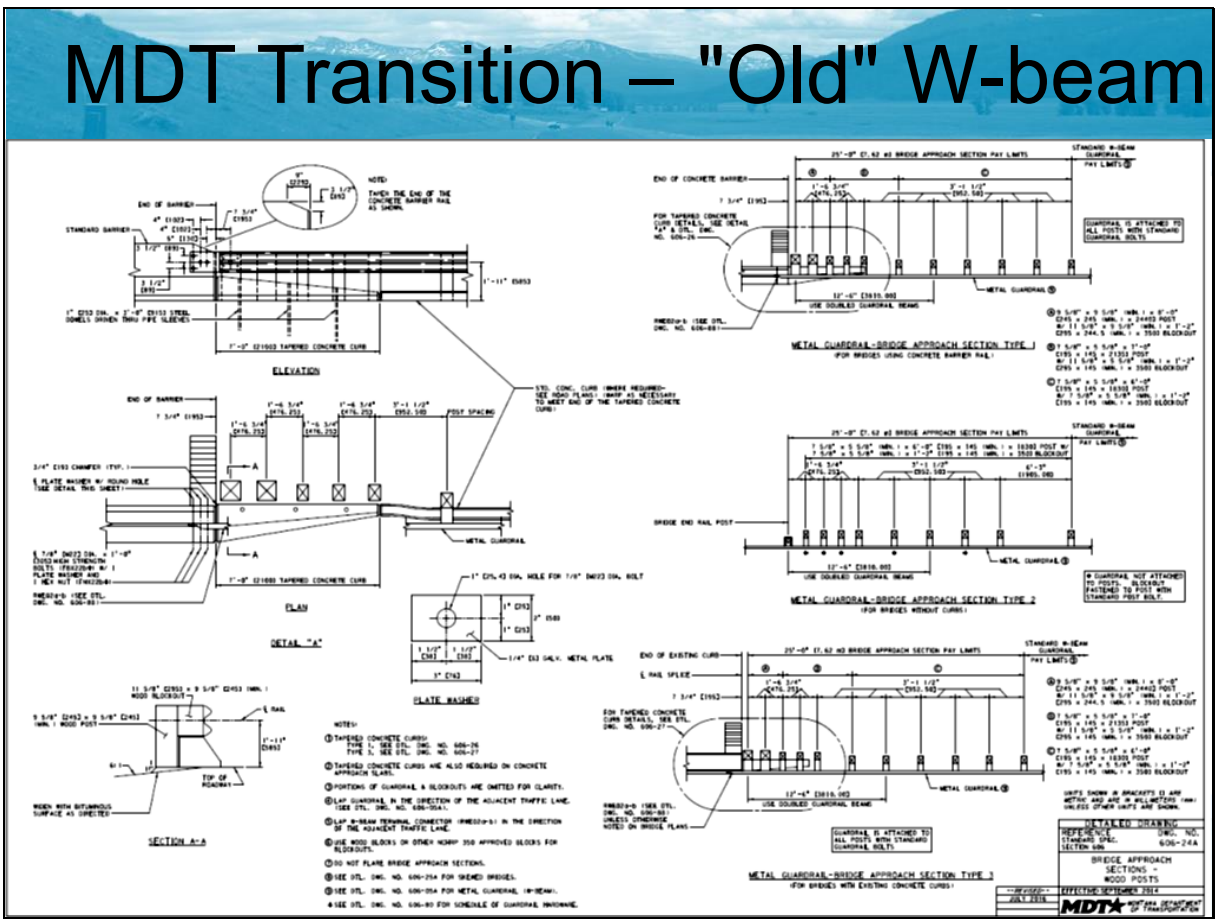
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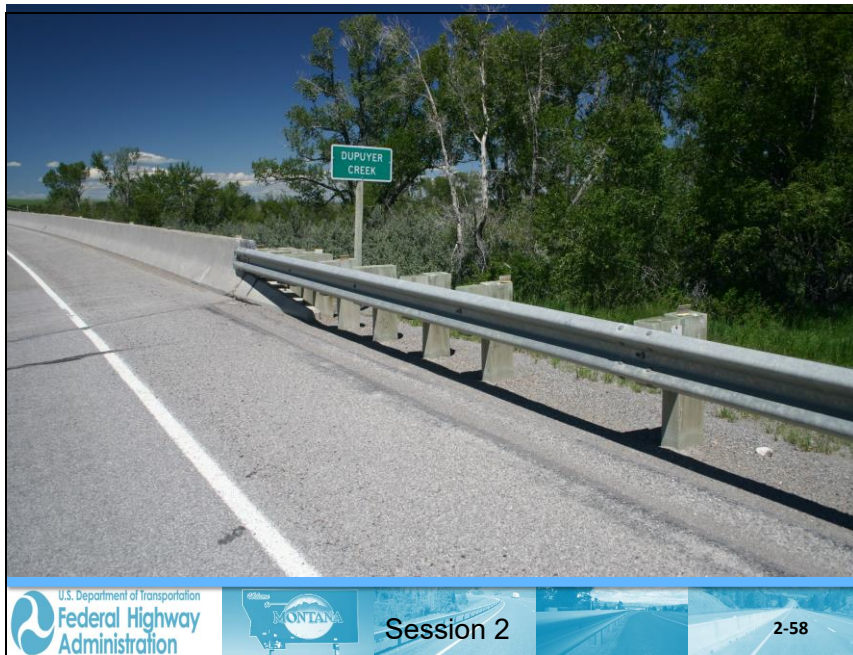
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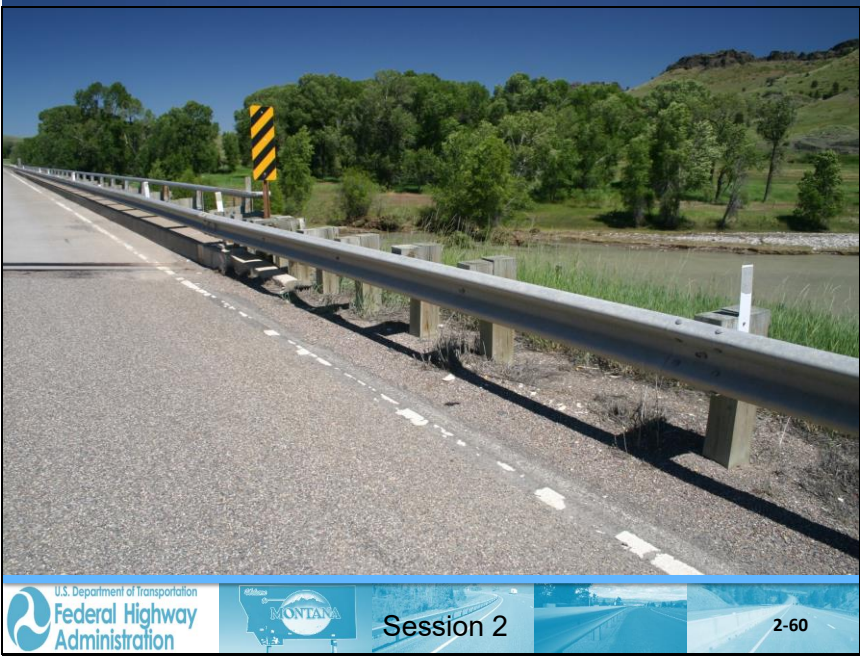




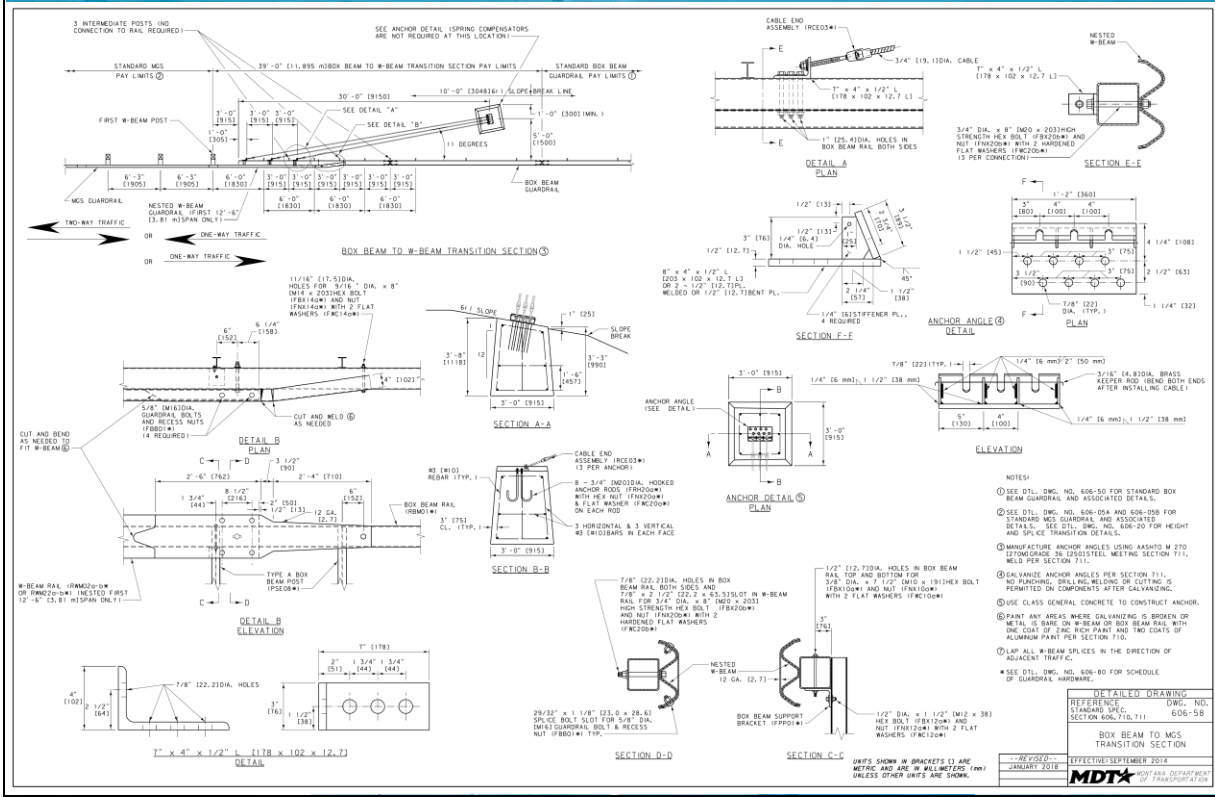
Connections to Low Parapets or Combination Rails

If the concrete parapet or portion of a combination rail is less than the transition height (29", or 32" for three beam), a steel plate may be applicable to adjust the height.





Transition: Box Beam to MGS (w-beam)



Transition: Box Beam to MGS (w-beam)



No stiffening required as relatively same stiffness; must have tension continuity

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Transition: HTC to Guardrail (Spatial)



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High Tension Cable to W-Beam Transition



Manufacturers may not be providing this under MASH 16

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Review Learning Outcomes

- Understand how barriers are tested for crashworthiness
- Identify common barrier systems
- Explain how these barrier systems function
- Define the key components of a transition design

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